



SINCE 2005

The Lifeline
MULTI SPECIALTY
HOSPITAL
we complete your care



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Lifeline
FAMILY
HEALTH
CARE PLAN





Good health is the cornerstone of a happy life, yet diseases often intrude unexpectedly. To stay vigilant against these unwelcome intrusions, early detection is the key, as it can significantly speed up recovery in many cases. That is why regular health check-ups are crucial. At the Lifeline Adoor, we offer a comprehensive range of check-up plans designed to cover a wide spectrum of potential health issues. Take advantage of a suitable check-up plan and reap the benefits. If any anomalies are detected, timely treatment is available. If not, you can rest assured and enjoy the peace of mind that comes with knowing you are healthy.

LIFELINE BASIC HEALTH PLAN



Blood Investigations

Blood Sugar Analysis

Fasting Blood Sugar (FBS)

Fasting Lipid Profile (FLP)

Total Cholesterol, HDL Cholesterol

LDL Cholesterol, Tri glycerides, VLDL

Liver Function Test (LFT)

Bilirubin Total, Direct & Indirect, Serum Total Protein

Globulin, Serum Albumin, SGOT, SGPT, ALP

Renal Function Test (RFT)

Serum Urea, Serum Creatinine, Serum Uric Acid, Sodium, Potassium

Thyroid Function Test (TFT)

TSH, Free T3, Free T4

Hematology

CBC plus ESR

Urine Investigations

Urine Routine

Radiology and Image Screening

Chest X-Ray, USG Abdomen, ECG

Consultations

Physician, Cardiologist & Dietitian

Breakfast

52 + Lab Tests, X-RAY, Scanning, 3 Consultations

Rs. 2900/-

LIFELINE GOLDEN HEALTH CHECKUP PLAN

(For male and female separate)



Blood Investigations

Blood Sugar Analysis

Fasting Blood Sugar (FBS), HbA1c

Fasting Lipid Profile (FLP)

Total Cholesterol, HDL Cholesterol
LDL Cholesterol, Tri glycerides

Liver Function Test (LFT)

Bilirubin Total, Direct & Indirect, Serum Protein,
Globulin, Serum Albumin, SGOT, SGPT, ALP

Renal Function Test (RFT)

Serum Urea, Serum Creatinine, Serum Uric Acid, Serum Calcium
Serum Magnesium, Serum Phosphorous, Serum Sodium
Serum Potassium, Serum Chloride

Thyroid Function Test (TFT)

TSH, Free T3, Free T4, Anti TPO Antibody

Hematology

CBC + ESR Blood Grouping & RH Typing, Peripheral Smear

Urine Investigations

Urine Routine (Sugar, Albumin, Urine Microscopy)
Protein: Creatinine Ratio

Radiology and Image Screening

Chest X-Ray, USG Abdomen,

Cardiac Screening

ECG, ECHO Screening, TMT

Pulmonary Screening

Pulmonary Function Test (PFT)

Other Investigations

CEA, CA 19.9, Total Iron Binding Capacity,
Vitamin D, Vitamin B12, Ferritin, HBS Ag, Anti HCV

For Male

Serum AFP, PSA

For Females

CA 15.3, Pap Smear

(Females above 40 years), Sono Mammogram

(Females Below 40 years)

Consultations

Physician, Pulmonologist, Urologist, Gynaecologist
Cardiologist, Dietitian, Psychologist

Breakfast & Lunch

65 + Lab Tests, XRAY, ECG, Echo, TMT, PFT, USG, Mamo, 7 Consultations

Rs. 10,500/-

LIFELINE WOMEN HEALTH PLAN



Blood Investigations

Blood Sugar Analysis

Fasting Blood Sugar (FBS), HbA1c

Fasting Lipid Profile (FLP)

Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Tri glycerides, VLDL

Liver Function Test (LFT)

Bilirubin Total, Direct & Indirect, Serum Total Protein, Globulin, Serum Albumin, SGOT, SGPT, ALP

Renal Function Test (RFT)

Serum Urea, Serum Creatinine, Uric Acid, Sodium, Potassium, Calcium, Magnesium, Phosphorus

Thyroid Function Test (TFT)

TSH, FT3, FT4

Hematology

CBC Plus ESR

Urine Investigations

Urine Routine, Urine Protein: Creatinine Ratio

Radiology and Image Screening

Chest X-Ray, USG Abdomen/Gynaec Screening, Sono Mammogram (<40 years), Mammogram, (>40 years)

Cardiac Screening

ECG, ECHO Screening

Other Evaluation

Pap Smear, Breast Examination, Vitamin D

Consultations

Dietician, Physician, Gynaecologist & Cardiologist
Breakfast

48+Lab Tests, XRAY, ECG, Mamo, Scanning, 4 Consultations

Rs. 4,900/-

LIFELINE INFERTILITY – COUPLE CHECKUP



Blood Investigations

Female

AMH, TSH, Prolactin, HbA1c, Insulin

Male

FSH, Radiology, Semen Analysis, HbA1c

Radiology

Scan

Consultations

Infertility Specialist, Clinical Psychologist & Dietitian

8 + Lab Tests, Scanning, 3 Consultations

Rs. 3,500/-

LIFELINE BASIC DIABETIC HEALTH PLAN



Blood Investigations

Blood Sugar Analysis

Fasting Blood Sugar (FBS), Post Prandial Blood Sugar (PPBS)
HbA1c

Fasting Lipid Profile (FLP)

Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Tri glycerides

Liver Function Test (LFT)

Bilirubin Total, Direct & Indirect, Serum Total Protein, Globulin,
Serum Albumin, Albumin: Globulin Ratio, SGOT, SGPT, ALP

Renal Function Test (RFT)

Serum Urea, Serum Creatinine, Uric Acid, Sodium, Potassium

Thyroid Function Test (TFT)

TSH, FT3, FT4

Hematology

CBC + ESR

Urine Investigations

Urine Acetone, Urine Routine,
Protein, Creatinine Ratio

Radiology and Image Screening

X-Ray Chest, USG Abdomen,

Cardiac Screening

ECG, ECHO Screening, TMT

Consultations

Physician/ Diabetologist & Cardiologist

Breakfast

44+Lab Tests, XRAY, ECG, ECHO, TMT, USG, 2 Consultations

Rs. 5,600/-

LIFELINE ADVANCED DIABETIC HEALTH PLAN



Blood Investigations

Blood Sugar Analysis

Fasting Blood Sugar (FBS), Post Prandial Blood Sugar (PPBS)
HbA1c

Fasting Lipid Profile (FLP)

Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Tri glycerides

Liver Function Test (LFT)

Bilirubin Total, Direct & Indirect, Serum Protein, Globulin,
Serum Albumin, Albumin: Globulin Ratio, SGOT, SGPT, ALP

Renal Function Test (RFT)

Blood Urea, Serum Creatinine, Serum Calcium, S. Sodium, S. Potassium
Serum Magnesium, Serum phosphorous, Uric Acid

Thyroid Function Test (TFT)

TSH, Free T3, Free T4

Hematology

Blood RE, Blood Grouping

Urine Investigations

Urine Routine, Acetone Urine,
Urine Albumin: Creatinine Ratio

Other Investigations

CA 19.9, C Peptide Fasting,
C Reactive Protein/CRP, Vitamin D

Radiology and Image Screening

Chest X-Ray, USG Whole Abdomen

Cardiac Screening

ECG, ECHO Screening, TMT

Pulmonary Screening

Pulmonary Function Test (PFT)

Consultations

Physician/Diabetologist, Pulmonologist, Dietitian & Cardiologist
Breakfast & Lunch

49+Lab Tests, XRAY, ECG, ECHO, TMT, USG, 4 Consultations

Rs. 7,900/-

LIFELINE COMPREHENSIVE CARDIAC HEALTH PLAN



Blood Investigations

Blood Sugar Analysis

Fasting Blood Sugar (FBS), HbA1c

Fasting Lipid Profile (FLP)

Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Tri glycerides

Liver Function Test (LFT)

Bilirubin Total, Direct & Indirect, Serum Protein, Globulin, Serum Albumin, Albumin: Globulin Ratio, SGOT, SGPT, ALP

Renal Function Test (RFT)

Blood Urea, Serum Creatinine, Uric Acid, S. Sodium, S. Potassium, S. Calcium

Thyroid Function Test (TFT)

TSH, Free T3, Free T4

Hematology

CBC + ESR

Urine Investigations

Urine Routine

Radiology and Image Screening

Chest X-Ray, USG Abdomen

Cardiac Screening

ECG, ECHO Screening, TMT,

Other Investigations

NT Pro - BNP, Serum Homocysteine, Serum Lipoprotein, HsCRP

Pulmonary Screening

Pulmonary Function Test (PFT)

Consultations

Physician, Pulmonologist, Cardiologist & Dietitian

Breakfast & Lunch

43+Lab Tests, XRAY, ECG, ECHO, TMT, PFT, USG, 4 Consultations

Rs. 5,900/-

LIFELINE CANCER SCREENING PLAN

(For male and female separate)



Blood Investigations

Blood Sugar Analysis

Fasting Blood Sugar (FBS), HbA1c

Fasting Lipid Profile (FLP)

Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Tri glycerides

Liver Function Test (LFT)

Bilirubin Total, Direct & Indirect, Serum Total Protein, Globulin, Serum Albumin, Albumin: Globulin Ratio, SGOT, SGPT, ALP

Renal Function Test (RFT)

Serum Urea, Serum Creatinine, Serum Uric Acid, S. Sodium, S. Potassium, S. Calcium

Thyroid Function Test (TFT)

TSH, Free T3, Free T4

Hematology

CBC + ESR

Urine Investigations

Urine Routine

Stool Investigations

Occult Blood, Stool RIE

Other Investigations

CA 19.9, CEA, Vitamin D

For Males

AFP, PSA

For Females

CA 125, CA 15.3, Pap Smear, Mammogram (Females above 40 years), Sono Mammogram (Females Below 40 years)

Radiology and Image Screening

Chest X-Ray, USG Abdomen, USG Neck

Cardiac Screening

ECG, ECHO Screening

Consultations

Physician, ENT, Urologist, Oncologist & Cardiologist

Breakfast & Lunch

46 + Lab Tests, XRAY, ECG, ECHO, Mamo, USG - 2 Nos, 5 Consultations

Rs. 8,900/-

LIFELINE SENIOR CITIZEN WELLNESS PLAN

(For male and female separate)



Blood Investigations

Blood Sugar Analysis

Fasting Blood Sugar, HbA1c

Fasting Lipid Profile (FLP)

Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Tri glycerides

Liver Function Test (LFT)

Bilirubin Total, Direct & Indirect, Serum Protein, Globulin, Serum Albumin, SGOT, SGPT, ALP

Renal Function Test (RFT)

Serum Urea, Serum Creatinine, Serum Uric Acid, S. Sodium, S. Potassium, S. Calcium

Thyroid Function Test (TFT)

TSH, FT3, FT4

Hematology

CBC + ESR

Urine Investigations

Urine Routine, Urine Micro Albumin

Radiology and Image Screening

Chest X-Ray, USG Abdomen

Cardiac Screening

ECG, ECHO Screening, TMT

Other Tests/Investigations

Stool Routine

For Male

PSA

For Females

Pap Smear, Mammogram

Consultations

Physician, Pulmonologist, Dietitian

Cardiologist, Orthopaedician, Neurologist (Optional)

Gynaecologist (For Females)

Breakfast & Lunch

68+ Lab Tests, XRAY, ECG, ECHO, TMT, USG, Mamo, 6 Consultations

Special Rate for Senior Citizens Rs. 5,500/-

LIFELINE CHILD HEALTH PLAN

(Children of age between 2 - 10 years)



Blood Investigations

Hematology

CBC + ESR, Blood Grouping & RH Typing

Urine Investigations

Urine Routine

Other Tests

Stool Routine, Vitamin D

Consultations

Paediatrician, Dietitian

Child Clinical Psychologist

28 + Lab Test, XRAY, ECHO, PFT, USG, 3 Consultations

Rs. 1,500/-

LIFELINE ADOLESCENT HEALTH PLAN

(Children of age between 10- 19 years
For boys and girls separate)



Blood Investigations

Blood Sugar Analysis

CBC, TSH, RBS, HbA1c, Vitamin D

Urine Investigation

Urine Routine

Radiology and Image Screening

USG Abdomen, Pelvis

Consultations

Gynaecologist/Paediatrician,
Clinical Psychologist & Dietitian

20 + Lab Tests, Scanning, 3 Consultations

Rs. 1,500/-

LIFELINE WHOLE BODY HEALTH PLAN

(For male and female separate)



Blood Investigations

Blood Sugar Analysis

Fasting Blood Sugar (FBS), Post Prandial Blood Sugar (PPBS), HbA1c

Fasting Lipid Profile (FLP)

Total Cholesterol, HDL Cholesterol, LDL Cholesterol, Tri glycerides

Liver Function Test (LFT)

Bilirubin (Total, Direct & Indirect), Albumin, Globulin, SGOT, SGPT, ALP

Renal Function Test (RFT)

Urea, Creatinine, Uric Acid, Calcium, Magnesium, Phosphorus, Sodium, Potassium

Thyroid Function Test (TFT)

TSH, FT3, FT4

Hematology

CBC+ ESR, Peripheral Smear

Urine Investigations

Urine Routine, Urine Protein: Creatinine Ratio

Radiology and Image Screening

Chest X-Ray, Usg Abdomen, Mammogram/Sono Mammogram

Other Investigations

PSA (Males), Pap Smear (Females) AFP (Males), CA125, CEA, Anti HCV, Vitamin D, D-Dimer

Cardiology Screening

ECG, ECHO, TMT (if indicated)

Pulmonology Screening

Pulmonology Function Test (PFT)

Consultations

Physician, Cardiologist, Pulmonologist, Urologist (Male)
Gynaecologist (Female), Dietitian

Breakfast & Lunch

59 + Lab Tests, XRAY, ECG, ECHO, TMT, PFT & USG, Mamo, 5 Consultations

Rs. 10,900/-